



Sunnybrow Primary School: PSHE & RSE Whole-School Provision

Whole-School Level

Whole School	Curriculum	Extra Curriculum	Assemblies	Visitors and External Agencies
<ul style="list-style-type: none"> Wellbeing Award for Schools '5 ways to shine' Wellbeing Champions School Council-Class Charter Eco Group Children given roles and responsibilities within class/whole school Young Carers Class Dojo Reward system Rewards Assemblies 	<ul style="list-style-type: none"> Planned Curriculum Fair Trade Development Residential trips E-safety Zones of Regulation 'emotions' planning 	<ul style="list-style-type: none"> Breakfast Club Range of extra-curricular after school clubs P.E. coaches 	<ul style="list-style-type: none"> Emotional Wellbeing and Mental Health Assemblies every 3 weeks 	<ul style="list-style-type: none"> School Nurse delivers talks on Puberty Fire Service Jet and Ben Police Dogs Community Police Officers Emotional Wellbeing Team CAMHS Julie Bray (Parent Support Advisor) Counselling service Educational Psychologist

Whole-Class Level

Weekly PSHE lesson following whole-school PSHE/RSE LTP	Key PSHE skills identified and addressed in each lesson. Key skills poster displayed in class.	PSHE lesson warm-ups focused on Emotions (appropriate to year group) from Zones of Regulation	Zones of Regulation 'check-in' chart for feelings in every class	Whole-class PSHE learning journals completed each week
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Individual Level

'High Risk' pupils identified using Risk Factor grid	'High Risk' pupils to have individual resilience plan	Daily 'check-ins' with key adult for 'high risk' pupils	Dedicated SEMH interventions	Referrals to multi-agency professional
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SEMH interventions

Nurture Group	Listening Matters	Forest School	Lego Therapy	Talking Matters	Getting Along Programme	Friendship Formula
Therapeutic writing	Zones of Regulation					

Year group-specific 'feelings' vocabulary (taught within PSHE warm-ups)

Reception	Year 1 & 2	Year 3 & 4	Year 5 & 6
sad, tired, happy, calm, worried, excited, angry, scared	(As Reception) and...bored, sick, okay, ready to learn, frustrated, nervous, jealous, terrified	(As previous year groups) and...hurt, depressed, exhausted, shy, appreciated, proud, relaxed, content, silly, annoyed, embarrassed, elated, out of control	Explore full range of emotions and challenge children to add to language