

Sunnybrow Primary School



Wellbeing Champions

School Council

Our School Council are the driving force behind our 5 ways to shine campaign and will be taking an active role in delivering the message in school and monitoring it's impact.

Our School Council Members are:

Imogen (Y6), Evie-Mai (Y6), Hope (Y5), Logan (Y5), Kai (Y4), Ellie (Y4), Jessica Jardine (Y3), Eleanor Rowland (Y3) Riley (Y2), Jaiden-Lee (Y2)





Sunshine Supporters

Our Sunshine Supporters will be on duty during playtimes to support their peers in finding friends, playing games and having a happy break.

Meet our new Sunshine Supporters...

Evie-Grace

“I chose to be a Sunshine Supporter because I like to find friends for people.”



Anya

“I chose to be a Sunshine Supporter because I like making sure that everyone is okay and that they have someone to play with.”



Indie

“Hi, my name is Indie and I’m in year 4 (class 3). My favourite lesson is Art because I like drawing different things. I love Just Dance and doing maths. I wanted to be a Sunshine Supporter because I love playing with people. I’m really looking forward to making new friends and helping teachers.”



Casey

“Hi, my name is Casey and I’m in year 4, class 3. My favourite lesson is Numeracy because I enjoy a challenge! I love spending time with my family and have a cute English Bulldog called Harley. I wanted to be a Sunshine Supporter because I wanted to help people understand how important the 5 Ways to Shine are. I’m really looking forward to supporting people’s mental wellbeing.”



Hope

“Hello, my name is Hope and I’m in year five. My favourite subjects are Numeracy and PE. I love football and making people laugh! I wanted to be a Sunshine Supporter to encourage others to make healthy lifestyle choices. I am looking forward to supporting children with their mental health.”



Evie-Mai

“Hello, my name is Evie and I am in year six (in class 4). My favourite subject is art. I wanted to be a Sunshine Supporter because I want to help promote our 5 Ways to Shine. I am looking forward to helping other children with their mental wellbeing.”

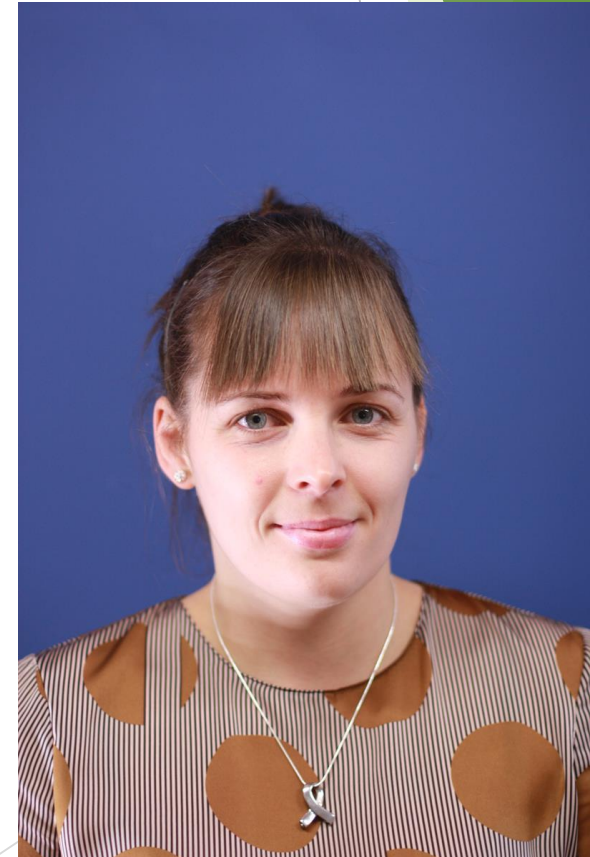


Outdoor Champion

Our Outdoor Champion is Miss Wild. She will be setting fortnightly challenges and giving top tips to help encourage us to get outdoors and enjoy being with nature.

Miss Wild

“I wanted to be a Wellbeing Champion so that I could encourage everyone to get outside and experience the benefits of doing activities outdoors. I want to show people the physical and practical benefits of the outdoors, but also the positive ways it can help your feelings and promote good mental health. Also, it will support people in working together with friends and families.”



Physical Exercise Champion

Mr Hull is our expert in P.E. He will be setting fortnightly challenges and giving tips to help us be more active.

“I am passionate about sport and physical exercise and strongly believe in the benefits being active can have on your emotional wellbeing and mental health.



Eat Well Champions

Luke and Mrs Black are our 'Eat Well' champions. They will be cooking together and sharing some of their delicious and healthy recipes with us so we can try them at home and in school!

Luke and Mrs Black

“We would like to be Wellbeing Champions because we enjoy cooking and baking, and we like to experiment with different healthy ingredients to make us feel better, whilst trying out foods that are good for us. We feel like to is an enjoyable and relaxing time after a week of hard work!”

