



## **Sunnybrow Primary School**

### **Whole-school strategy for developing Emotional Wellbeing and Mental Health Provision**

Developing provision for emotional wellbeing and mental health remains at the heart of our school ethos as we enter our new school year. Following an analysis of parent, pupil and staff questionnaires (sent out last academic year) and an audit of current provision, we have identified the following key priorities for our whole-school journey this year:

1. We want to increase awareness across the whole-school community of the importance of emotional wellbeing and mental health. With the support of our school council and the charity *One step at a time*, we will develop our brand new 'Five ways to shine' campaign, which will focus on highlighting five key ways for everyone to actively improve their emotional wellbeing and mental health.
2. We already do so much in school to support social, emotional and mental health (SEMH), but we want to tie all this together to create a clear pathway for supporting pupils and staff. This will include our quality first teaching offer and an enhanced provision pathway for pupils who might be presenting with a SEMH difficulty.
3. We believe that to have happy and healthy children, we need to have happy and healthy staff. Teaching is a highly rewarding but demanding role, where the job is never quite finished. We want to support staff to ensure that they have a clear work-life balance and feel valued and supported. We will work with Julie Bray (our Parent Support Advisor and member of our Change Team) and the charity *One step at a time* to develop a high quality framework of support for staff. This will include CPD opportunities that look at how to address mental health in staff and a reward system, which celebrates the hard work of all of our staff.